Lenten Studies: This year our Lenten Bible study will begin on Friday 19 February from 11.00 am to 12.00 noon. The zoom link and sign in code are as follows: https://us02web.zoom.us/j/81482279764. Sign in code: **814 8227 9764**. These will also be posted on our Facebook and Twitter pages. Help with be on hand at the first meeting for all those not familiar with zoom.

Third World Group Ash Wednesday Appeal: As the churches are closed, the annual appeal for funds to send to the two sisters in Africa who depend on our help, will hopefully reach you and any contacts you have not online. Donations can be made directly to the St Brides Third World Group Band Account at: The Bank of Scotland, Sort Code: 80 06 64, Account No: 00873793. Money and cheques can be handed in to the Chapel House marking the envelope 'Ash Wednesday'. All donations will be a lifeline to our local Salesian sister Eleanor Gibson in Nairobi for the women and street children, and to Franciscan Missionary Sister Eunice who is in Mutare Zimbabwe helping youth projects, and running a basic home for abandoned elderly people. We know this is a difficult time for everyone, but we also know we can depend on your generosity as always. Bless you.

A Post Covid Church: The Diocese is hosting a series of three Zoom meetings to share our experience of and hopes for the Church in light of the present health emergency. Please see the Parish Facebook and Twitter pages for further information.

Club 200: This week's £60 winner is **Mary McCann**. Please contact Fr Rafal for details on how to collect your cheque. The Current Parish Loan stands at £293,349.34.

Collections During the lockdown: Offerings, cheques, gift aid envelopes can be posted to the Church or through the door of the Chapel House. Alternatively, offerings can be made by bank transfer, the details of which are as follows: St Brides, Sort Code: 82-62-24, Account Number: 40500017. Thank you for any support and generosity during this difficult time. During the period between 4 January and 1 February the collections/donations handed to church and Chapel House amounted £1,395.00 of which £995.00 was gift aided. Thank you.

SSVP: During the pandemic you may wish to make any donations to St Bride's SSVP via bank transfer. Details: Bank: Clydesdale Bank, E.K. Town Centre; Account Name: SSVP MW 05015; Account Number: 20538417; Sort Code: 82 62 24.

Anniversaries: Sheila Torrance, Nan Scrimgeour, Eileen McGuigan.

1st Anniversary: Anne O'Hanlon.

Recently Dead: Frank Coogans, Georgina Egan, Joanne Ferry, James Hibbert, David Knight, Teresa McKay.

May their souls and the souls of all the faithful departed, through the mercy of God, rest in peace. Amen.



St Bride's RC Church East Kilbride

Whitemoss Avenue, East Kilbride, G74 1NN Telephone: (01355) 220005

Website: www.sbek.org

Twitter @StBrideEK Facebook @StBrideEK

frrafal@rcdom.org.uk

stbrideeastkilbride@rcdom.org.uk

bulletin@sbek.org

Administrator: Father Rafal Sobieszuk Deacon: Rev. Michael Ross Hall Bookings: Daniel Martin: hall@sbek.org

Sunday 21 February 2021 1st Sunday of Lent – Year B



Masses

Monday - Saturday 10.00 am Saturday 6.00 pm Vigil Mass Sunday 9.30 am, 11.30 am and 6.00 pm.

Thursday

Stations of the Cross at 7.00 pm followed by the Exposition of the Blessed Sacrament at 7.30pm Confessions - On request Feast Days: Monday 22 February, Chair of St Peter the Apostle.

19 February, the Friday after Ash Wednesday is a Day of Prayer for those who have suffered abuse. As in recent years, we will keep this as a special day of prayer here in the Church in Scotland for all who have suffered abuse of whatever kind. The National Liturgy Commission will again prepare reflections and prayers for our use on that day.

Mass is being streamed live at 10.00am Monday to Saturday and at 9.30am on Sunday. Holy Hour will continue Thursday evenings at 7.00 pm online. Funeral Masses are allowed, but only up to 20 people can attend. Only 5 people can attend weddings. We can accept food donations and do food distribution. Any questions regarding Masses please telephone 07999 551680. All updates will be posted on the Parish Facebook page.

Bishop Toal's Letter to the Faithful can be seen on the Parish Facebook and Twitter pages.

SPRED: Lorraine Cunningham will be leading weekly Novena prayers for the restoration of SPRED beginning on Tuesday 16 February at 7.00 pm and running for 9 consecutive weeks. These will be streamed live to the SPRED Motherwell Facebook page and will last 20 to 30 minutes.

Special Tribute Edition of Flourish: Below is a link to the to commemorate the life and ministry of the late Archbishop Philip Tartaglia.

http://flourishnewspaper.co.uk/Flourish-Archbishop-Tartaglia-Tribute-2021.html

World Day of Prayer: The annual global World Day of Prayer will take place on Friday 5 March. Starting on Tuesday 23 February and every day until The World Day of Prayer on 5 March, a series of articles about the island of Vanuatu will be published on the World Day of Prayer Scotland Facebook Page and can be accessed on the link below: www.wdpscotland.org.uk

Mary's Meals: The people of Tigray in Ethiopia urgently need our help. Due to brutal fighting in the region, frightened families have been forced to flee their homes and millions are living in fear of starvation. The region's capital, Mekelle, is being overwhelmed by displaced and traumatised people arriving every day. Many are unaccompanied children who have lost their parents. Mary's Meals really needs your help to continue this life-saving work. Please give if you can. See the Parish Facebook and Twitter pages for details on how to donate.

The 2021 Lenten Programme begins with the Online Lenten Retreat, 'Knowing Jesus'. The daily readings, reflections, picture and music can be found by clicking here. The online Stations of the Cross from the Holy Land starts on 19 Feb 2021, Registration Form. The online Holy Week Series 'From and in the Holy Land', starts on 28 March 2021, Registration. Further details for the events on the Lenten Programme are available on the Parish Facebook and Twitter pages.

Stations of the Cross will be streamed live from our church every Thursday at 7.00 pm, followed by the Exposition of the Blessed Sacrament at 7.30pm.

Journeying with Jesus: Join people from throughout the diocese for 30 minutes of prayer and reflection on four Sundays of Lent. To register your interest please email missions@rcdom.org.uk

Ecumenical Call to Prayer: Attached is the Call to Prayer for this Sunday evening at 7.00pm. A link to the prayer is also given below.

https://www.churchofscotland.org.uk/news-and-events/news/2021/join-together-in-prayer-this-sunday

On Tuesday 23 February 7.00 to 8.00pm the University of Glasgow St Andrew's Foundation invites you to an online lecture, 'Leadership as Witness' by Cardinal Joseph W Tobin CSsR. Cardinal Tobin is the Archbishop of Newark, New Jersey. He was Superior General of the Redemptorists from 1997 until 2009. In 2010 he was appointed as Secretary of the Congregation for Institutes of Consecrated Life and Societies of Apostolic Life. To register please email: education-st-andrews-foundation@glasgow.ac.uk

It has been difficult for the Schoenstatt Sisters of Mary During all of these Lockdowns, therefore Schoenstatt Scotland has produced over 30 E-Retreats both small and more-lengthy, which are available through their website www.schoenstatt.co.uk/.

Act of Spiritual Communion

My Jesus, I believe that You are in the Blessed Sacrament, I love You above all things, and I long for You in my soul.

Since I cannot now receive you sacramentally,
come at least spiritually into my heart.
As though You have already come,
I embrace You and unite myself entirely to You.
Never permit me to be separated from You. Amen.

Year of St Joseph: At the end of the morning Mass on Mondays we will be saying the following prayer to St Joseph during the whole year of St Joseph.

Hail, Guardian of the Redeemer,
Spouse of the Blessed Virgin Mary.
To you God entrusted his only Son;
in you Mary placed her trust;
with you Christ became man.
Blessed Joseph, to us too,
show yourself a father
and guide us in the path of life.
Obtain for us grace, mercy, and courage,
and defend us from every evil. Amen.