



SAINT BRIDE'S PARISH, EAST KILBRIDE

Bulletin for the Sixth Sunday
of the Ordinary Season - 11th February 2024

THIS WEDNESDAY IS ASH WEDNESDAY

Wednesday of this week is Ash Wednesday and the beginning of Lent. The English word 'Lent' comes from the Anglo-Saxon *lencen*, meaning 'spring'. The name of the Season in other languages, for example, Italian *Quaresima*, or Spanish *Cuaresma*, or French *Carême*, comes from the Latin *Quadragesima*, meaning 'a period of forty days'. In the Christian tradition, forty days refers to a time of intense prayer and preparation; it is a reminder of the forty years Israel spent in the wilderness and of Christ's forty-day fast in preparation for his public ministry.

From around the Sixth century the faithful began to sprinkle ashes on their foreheads at the beginning of the Lent, and the start of Lent was moved from a Sunday to the preceding Wednesday, so that there would be exactly forty days of fasting - reckoning Holy Saturday to be the last day of Lent. The Sundays of Lent did not count!

The Second Vatican Council in the 1960s reinstated the double focus of the Season: baptism and penance. It also clearly defined the duration of Lent: Lent begins on Ash Wednesday and ends on the morning of Holy Thursday. So Lent has six Sundays, 'Palm Sunday' being the sixth.



Ash Wednesday - a day of Fast and Abstinence

Please remember that Ash Wednesday is a day of Fast and Abstinence, that is to say: all persons who are between 14 and 60 are bound to abstain from eating meat. The law of fasting requires a Catholic between 18 and 60 to reduce the amount of food eaten from normal. The Church defines this as one meal a day, and two smaller meals (collations) which if added together would not exceed the main meal in quantity.

Ash Wednesday - in the Eternal City

For many centuries it was the custom to visit the most historical churches of Rome, known as the 'Stational Churches', one each day during the Season of Lent. Reintroduced in the early 1970s by the staff and students of the North American College in Rome, each day around 300 English speaking pilgrims gather for Mass at 7am in the designated Church. On Ash Wednesday there are two stational churches, connected by a Penitential Procession: the Benedictine Church of Sant'Anselmo and the Dominican Church of Santa Sabina both on the Aventine Hill. At 3.30pm on EWTN (sky channel 588 or online: Google 'Vatican Media Live English' and you will be able to see the Penitential Procession, followed by the Papal Mass. If you want to see and read a little about each day's Stational church, then visit the North American College website: pnac.org/station-churches/stationchurch

Father McGachey

TODAY - RETIRING COLLECTION FOR CATHOLIC EDUCATION

We will have to take-up this retiring collection to support the work of Catholic Education, which we did not do in December 2023 because of so many other commitments.

SCHEDULE - MONDAY OF THIS WEEK

ADORATION OF THE BLESSED SACRAMENT - Monday 9.15am

HOLY ROSARY - Monday 9.35am

HOLY MASS - Monday 10am

On Tuesday there is Requiem Mass at 10am for Patricia McCormick

TODAY - CHILDREN'S LITURGY - FOR THE NEXT THREE WEEKS

We will commence a programme of Sacramental preparation for children making their First Communion this year. This is a 4-week programme over the Sundays of February.

40 DAYS FOR LIFE PRAYER VIGIL

Begins on Wednesday 14th February and continues for the forty days of Lent, from 8am-8pm daily, opposite the Queen Elizabeth Hospital, Hardgate Road. It is now nine years since the Vigil began, and many women have approached the prayer line asking for help for themselves and the children they carry - many unborn lives have been saved. Numbers are dwindling because of illness and age. We are appealing for people to come and pray for an hour a week. Can you help in this important pro-life initiative, by lending your time?

CHARITY NIGHT IN AID OF THE STREET CHILDREN IN NAIROBI

Entertainment by the *Highwaisters*, in Saint Bride's Church Hall, on Saturday 16th March 7.30pm-11pm. Bar, raffle, light supper by Rico. Tickets £10. Tickets can be purchased from Pip Slorach or any Committee member.

The Third World Group will be taking-up a retiring collection on Ash Wednesday to support the work of Sister Eleanor in Nairobi.

200 CLUB

200 Club winner is Catherine Doohan. Please collect your cheque from the Sacristy.

NEXT SUNDAY - APOSTLESHIP OF THE SEA

There will be an three minute appeal at the end of Mass on behalf of the Apostleship of the Sea by Ewan to help support the important work they do on behalf of the Church around the Scottish Coastline. There will be a Second Collection afterwards.

FOODBANK

A letter has been received from the *Loaves and Fishes Food Bank* and is posted on the Noticeboard. It highlights generous contributions of Saint Bride's parishioners over the past eight months. Please have a look! Essential lists will be distributed next week. Next collection 24th/25th February.



THE SEASON OF LENT

Please make the Season of Lent a holy time for yourselves and your families. Come out to the extra prayer times and liturgies in the Church; fast from or give up something you enjoy doing; give of your time, your energy, your talents, to help those less fortunate and in need.

ASH WEDNESDAY AT SAINT BRIDE'S

CHURCH OPENS 6.30am and closes after Evening Mass

HOLY MASS WITH THE BLESSING AND DISTRIBUTION OF ASHES - 7am

STATIONS OF THE CROSS - 9.35am

HOLY MASS WITH THE BLESSING AND DISTRIBUTION OF ASHES with organ and incense - 10am

HOLY MASS WITH THE BLESSING AND DISTRIBUTION OF ASHES with organ - 7pm

THE SEASON OF LENT AT SAINT BRIDE'S

MONDAYS, WEDNESDAYS and FRIDAYS - HOLY MASS at 7am

MONDAY-SATURDAY - Stations of the Cross 9.35am

MONDAY-SATURDAY - Holy Mass 10am

NOVENA TO OUR LADY OF THE MIRACULOUS MEDAL - Tuesdays after Mass

PRO-LIFE ROSARY - Wednesdays after 10am Mass

NOVENA TO SAINT MONICA - Thursdays after 10am Mass

Please note that when there is a Requiem Mass, there will be no Stations or Novena

WE BEGIN OUR NOVENA TO OUR LADY UNTIER OF KNOTS

on Tuesday 20th February

with Rosary, Novena Prayers and Benediction of the Blessed Sacrament at 7pm in the Parish Church. Please join us!

"In this unfailing novena Our Lady comes to untie the knots of our life."



MASS FOR THE SICK - THURSDAY 29th FEBRUARY

Holy Mass with the Sacrament of the Sick at 10am. Followed by a light breakfast in the Parish Centre.

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PLEASE REMEMBER THE FOLLOWING IN YOUR PRAYERS

SICK - Clare (Slorach) Keane, Drew and Monica McShane, Catherine Morris, Amanda Sherwood, Mary Easton, Pat McElroy, Patricia Williamson, Jean O'Neil, Mary Connor (Canada), Steven Holiway, Margaret Rose McMahan, Richard O'Donnell, Owen O'Donnell, Jean Lafferty, Frank Kirk, Mary O'Brien, Margaret Murphy, Father Pierre Potie (France), Father Bill Tollan, Brian Ewing, Alan MacDonald.

RECENTLY DEAD - Patricia McCormick, Charles McGlynn, Maureen Cowan (Nee McDermott)
ANNIVERSARIES, MONTH'S MINDS AND BIRTHDAY REMEMBRANCES - Rena Crawford, David Knight, Margaret McKay, Molly Monaghan, Jo Reilly, Patricia Devlin, Sarah Armstrong, Anna McGinley, Mary Roberts, Cathie McGregor, John McAuley, Margaret McAuley, Theresa Docherty, Neal McDermott.

FUNERALS

Patricia McCormick - Reception, Monday 12th February 6pm. Requiem Mass, Tuesday 13th February 10am.

Charles McGlynn - Reception, Wednesday 14th February 6pm. Requiem Mass, Thursday 15th February 10am.

WEEKLY OFFERINGS - SINCERE THANKS

Sunday 28th January 2024 - £2547. This included the Basket Collection and Standing Orders in favour of the Parish. You may wish to make a one-off donation to the Parish or take out a Standing Order in favour of the Parish. Offerings can be made by Bank Transfer, the details of which are as follows: Stbrides, Sort Code 82-62-24, Account Number 40500017.

SAINT VINCENT DE PAUL SOCIETY

If you wish to donate by Bank Transfer to Saint Vincent De Paul Society, the details are: SSVF, Sort Code 82 - 62 - 24, Account No. 20538417. If you are in need, or know someone who is in need of help, please contact John Mullen on 07712 903732.