

SAINT BRIDE'S PARISH, EAST KILBRIDE

Bulletin for the Fifth Sunday of the Ordinary Season

- 8th February 2026

THE APPARITIONS OF OUR LADY AT LOURDES

Wednesday of this week is the Feast of Our Lady of Lourdes. In 1858, Our Lady appeared to Bernadette Soubirous eighteen times in the outskirts of the town Lourdes in the French Pyrenees.

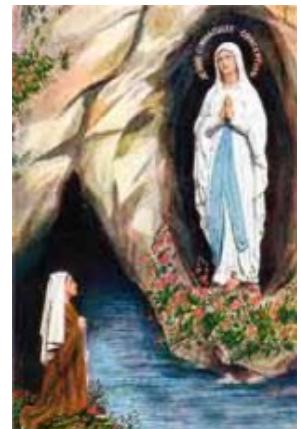
There is a beautiful account of the story of Lourdes in the 1943 film called *The Song of Bernadette*, with the actress Jennifer Jones in the title role. It is free to air on Youtube. Just type into Youtube 'The Song of Bernadette' and enjoy.

Here, in Saint Bernadette's own words, is an account of what happened.

I had gone down one day with two other girls to the bank of the river Gave when suddenly I heard a kind of rustling sound. I turned my head toward the field by the side of the river but the trees seemed quite still and the noise was evidently not from them. Then I looked up and caught sight of the cave where I saw a lady wearing a white dress with a bright belt. On top of each of her feet was a pale-yellow rose, the same colour as her rosary beads.

At this I rubbed my eyes, thinking I was seeing things, and I put my hands into the fold of my dress where my rosary was. I wanted to make the sign of the cross but for the life of me I couldn't manage it and my hand just fell down. Then the lady made the sign of the cross herself, and at the second attempt, I managed to do the same, though my hands were trembling. Then I began to say the rosary while the lady let her beads slip through her fingers, without moving her lips. When I stopped saying the 'Hail Mary', she immediately vanished.

I asked my two companions if they had noticed anything, but they said no. Of course, they wanted to know what I was doing, and I told them that I had seen a lady, wearing a white dress, though I didn't know who she was. I told them not to say anything about it, and they said I was silly to have anything to do with it. I said they were wrong, and I came back next Sunday, feeling myself drawn to the place....



The third time I went the lady spoke to me and asked me to come every day for fifteen days. I said I would and then she said that she wanted me to tell the priests to build a chapel there. She also told me to drink from the stream. I went to the Gave, the only stream I could see.

Then she made me realise she was not speaking of the Gave and she indicated a little trickle of water close by. When I got to it I could only find a few drops, mostly mud. I cupped my hands to catch some liquid without success and then I started to scrape the ground. I managed to find a few drops of water but only at the fourth attempt was there a sufficient amount for any kind of drink. The lady then vanished, and I went back home.

I went back each day for two weeks and each time, except one Monday and one Friday, the lady appeared and told me to look for a stream and wash in it and to see that the priests build a chapel there. I must also pray, she said, for the conversion of sinners. I asked her many times what she meant by that, but she only smiled. Finally with outstretched arms and eyes looking up to heaven she told me she was the Immaculate Conception. During the two weeks she told me three secrets, but I was not to speak about them to anyone and so far I have not.

From a Letter of Saint Bernadette Soubirous



*Remember man
that you are
dust and into
dust you shall
return.*

ASH WEDNESDAY, 18th FEBRUARY, AT SAINT BRIDE'S

THE CHURCH OPENS 6.30am and closes after Evening Mass.

HOLY MASS WITH THE BLESSING AND DISTRIBUTION OF ASHES - 7am

STATIONS OF THE CROSS - 9.30am.

HOLY MASS WITH THE BLESSING AND DISTRIBUTION OF ASHES

with organ and incense - 10am. We will be joined by the Staff of Saint Kenneth's Primary School and Saint Andrew's and Saint Bride's High School - today is an Inservice day in our schools.

LITURGY OF THE WORD AND BLESSING AND DISTRIBUTION OF ASHES - 12noon in Hairmyres Hospital. Father Martin has invited Bishop Toal to be present at this service.

HOLY MASS WITH THE BLESSING AND DISTRIBUTION OF ASHES with the organ - 7pm.

THE SEASON OF LENT AT SAINT BRIDE'S

MONDAY TO FRIDAY - Holy Mass at 7am.

MONDAY-SATURDAY - Stations of the Cross 9.30am.

MONDAY-SATURDAY - Holy Mass 10am.

WEDNESDAYS OF LENT, BEGINNING NEXT WEEK - Stations of the Cross at 12.30pm followed by Holy Mass at 1pm.

MONDAYS OF LENT - Devotions in honour of Our Lady: with Torchlight Procession, prayerful recitation of the Rosary and Benediction of the Blessed Sacrament at 7pm.

TUESDAY AND WEDNESDAYS OF LENT - Evening Prayer of the Church at Our Lady's Altar, beginning at 7pm.

CONFESIONS - Saturdays 9.30am to 9.50am and after Mass
4-4.20pm and after the Vigil Mass



ASH WEDNESDAY ANNUAL RETIRING COLLECTION

for the Third World Group. Money collected will go to Sister Eleanor of the Parish, working in Nairobi, Kenya. There will be baskets at the doors of the church. Alternatively, you can donate to St Bride's Third World Group at the Bank of Scotland: Sort Code 800664 and Account Number 00873793. Many thanks in advance for your generosity.

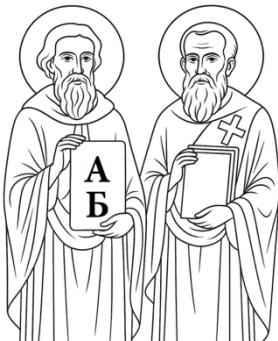
MARIAN DEVOTIONS ON MONDAY EVENING AT 7pm

Gathered at Our Lady's altar we will offer her our day: our joys and sorrows, and ask her to present them to her Son, while commanding ourselves to her protection and guidance. After reciting the Angelus, we will form a torchlight procession and move off to the main part of the Church, where we will recite the Holy Rosary, the Litany of Loreto and conclude with Benediction of the Blessed Sacrament. Please join us if you can.



FATHER MCGACHEY IS ON HOLIDAY UNTIL FRIDAY OF THIS WEEK

CALENDAR



Tuesday is the memorial of Saint Scholastica (+547). She was the twin sister of Saint Benedict, the founder of Western monasticism. Born in Umbria, Italy, about 480, under Benedict's direction, Scholastica founded a community of nuns near Monte Cassino. Inspired by his teaching, Scholastica devoted her life to seeking and serving God. Tradition holds that at her death her soul ascended to heaven in the form of a dove.

Saturday is the Feast of Saints Cyril and Methodius. Saint Cyril was a priest and a philosopher, who accompanied his brother, Saint Methodius, to Moravia to preach the Gospel. They both perfected a Slavonic alphabet, which is nowadays known as the Cyrillic alphabet, and translated the liturgy into this language. They were summoned to Rome, where Cyril died on this date in 869, and Methodius in 885, in the Czech Republic.

HOLY MASS WITH THE SACRAMENT OF THE SICK

Thursday 26th February - Holy Mass with the Sacrament of the Sick at 10am. Followed by a light breakfast in the Parish Centre.

CURRY NIGHT IN SUPPORT OF HCPT GROUP 23

A curry night is being held on Friday 20th February at 7pm in Christ the King Church Hall, 220 Carmunnock Rd, Glasgow. Tickets cost £20 per ticket. Enjoy a delicious curry provided by the Turban Tandoori, while helping us raise vital funds to support HCPT Group 23, who take disabled and disadvantaged children on a pilgrimage at Easter. If you would like to purchase tickets or to secure a table of 10, please get in touch with Eileen on 07950262348. If you're unable to come, you can still support us by donating a raffle prize or making a donation via our just giving page:

https://www.justgiving.com/page/23hcpt?utm_medium=FA&utm_source=CL. Every bit of support makes a real difference. Thank you for supporting HCPT Group 23.

THE SATURDAY MORNING 10am MASS RESUMES THIS SATURDAY

200 CLUB

The winner from two weeks ago was Patricia McClafferty. Last week's winner was Claire Campbell, and this week's winner is Mary Stewart. Please collect your cheque from the sacristy.

SAINT BRIDE'S PARISH

CLERGY	Rev. Dr. Francis G. McGachey, <i>Parish Priest</i>
EMAIL	Rev. Colm E. Martin, <i>Assistant Priest, High School and Hospital Chaplain</i>
ADDRESS	frmcmcachey@rcdom.org.uk frmartin@rcdom.org.uk
TELEPHONE	Saint Bride's Parish, Whitemoss Avenue, East Kilbride G74 1NN 01355 220005
WEBSITE	www.sbek.org TWITTER @StBrideEK FACEBOOK @StBrideEK
HALL BOOKINGS	Contact Mrs Annemarie McMillan hall@sbek.org
BULLETIN NOTICES	Contact Fr. McGachey or Fr. Martin or bulletin@sbek.org
ST VINCENT DE PAUL CONTACT NUMBER	07712 903732

PARISH SCHEDULE

HOLY MASS - Sundays: Vigil 4.30pm, 9.30am with Children's Liturgy and 11.30am

CONFESIONS - Saturday 4pm-4.20pm and after the Vigil Mass

ADORATION OF THE BLESSED SACRAMENT - Monday-Friday at 9.15am

HOLY ROSARY - Monday-Saturday at 9.30am

HOLY MASS - Monday to Friday 10am

NOVENA TO OUR LADY OF THE MIRACULOUS MEDAL - on Tuesdays after Mass

NOVENA TO SAINT MONICA - on Thursdays after Mass

THE CHURCH IS OPEN - The Church will close each day after Mass

PLEASE REMEMBER THE FOLLOWING PEOPLE IN YOUR PRAYERS

THOSE WHO ARE UNWELL - Monica McShane, Mary Easton, Mary Connor (Canada), Margaret Rose McMahon, Richard O'Donnell, Owen O'Donnell, Jean Lafferty, Mary O'Brien, Margaret Murphy, Brian Ewing, Alan MacDonald, Jan Milligan, Catherine McLean, Nessie McFadyen, Noreen Lockhart, Patricia Carey, Anne McDowell, Paul McCartney, Kevin McCann, Gayle Cochrean, Merisa Todd, James McLean, Elizabeth Kyle, Thomas Quinn, Chris McElroy, Danny McCash, Theresa Tierney, Colette Roxburgh, John Paul Quinn, Lizann O'Hare, Susan and Robin Topping, Arthur Connor (Canada), Thomas Finnigan (Prestwick), George Kelman, Linda Simi, Ann Marie Kane, Rosemary Maley, Peter Friel, Molly and Robert Ward, Noreen Lockhart, John Convery, Neil McCready, Michael Conroy. Paul Tullan, Fiona Jane Anderson, Michael McNiffe.

RECENTLY DEAD - Aine Jackson, Marie Brankin, Sharon Farrell (Coatbridge), Jean Wallace

ANNIVERSARIES, MONTHS MINDS AND BIRTHDAY REMEMBRANCES - Betty McGuckien, Bobby Taylor, Sheila Folan, Matthew Folan, Rose Folan, James Corrigan, Frances Smith, James McVittie, Peter Feeley

WEEKLY OFFERINGS

Sunday 2nd February - £3,000. You
Parish or take out a Standing Order in
by Bank Transfer, the details of
10246966 and 80-12-97 or by
you to a secure web page. If you pay
- the parish will receive a further 25
give.



may wish to make a one-off donation to the
favour of the Parish. Offerings can be made
which are as follows: St Brides Parish
scanning the adjacent QR code. It will take
Income Tax, you can Giftaid your offering
percent on the basis of the donation you